

## Sproetzer Achterruem

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Formation: Four couples in a square

Steps: Running, Achterruem Schottisch

Achterruem Step: 2/4 time, step L sideways (ct.1), step R behind L (ct. 2), step L sideways (ct. 1 meas. 2). Next step starts on R. It takes two measures of music for one Achterruem step.

WHEN THE STEP IS USED IN THE CIRCLE FOR M AND W, IT GOES TO THE LEFT ONLY.

Join inside hands with partner, greeting, other hand with corner, greeting, thus forming the circle.	
<b>FIRST TOUR</b>	
1-8	Circle CW running steps.
1-8	Repeat circling CW
9-16	Face partner, all dance one Achterruem step to R, W to inside of the circle, M to the outside, and one back to place, repeat
9-16	GRAND RIGHT AND LEFT with four schottisch steps to opposite place, do not run but use walking steps, form a circle with W looking out of circle, M facing in, joining R hands with partner and L hands with corner.
17-24	W with schottisch steps to center and back, as M takes two small steps fwd and bkwd to adjust to W's move, arms remain straight. 17-18 one schottisch step W moving bkwd, 19-20 W moving fwd. 21-24 as 17-20.
25-32	GRAND RIGHT AND LEFT, four schottisch steps to original place
<b>SECOND TOUR</b>	
1-8	WITH REPETITION hook right arms with partner, swing with slow buzz step as in Danish Family Circle.
<b>THIRD TOUR</b>	
1-8	With repetition W circle CW (only) with Achterruem steps.
<b>FOURTH TOUR</b>	
1-8	With repetition M circle CW (only) with Achterruem steps.
NOTE: IN THE ABOVE CIRCLES AN ACHTERRUEM STEP IS WITHOUT THE HOP	
9-32	Keeps On Moving, L And R Behind, L And Right Behind and So On
9-32	Is chorus and is done the same way in all tours.
<b>ENDING</b>	
1-8	With repetition circle CW (ONLY) with running steps, hold circle very firm for a few seconds at the end, then greeting to partner.